



Greetings from First United Church



You are invited, if you are able, to drop off items for the St. Thomas Elgin Food Bank in our Church Parking lot

**THIS Saturday, October 17
from 10:00am-1:00pm**

This is a SAFE, SOCIALLY DISTANCED Food Drive - you drive up, take your groceries out of your car and place them in the designated area. (Volunteers present to supervise)

Thank you for helping us to help stock the shelves at the Food Bank!

Here is their Grocery Item Wish List:

- *Full-size Juices & Juice boxes
- *Pudding cups
- *Peanut-free snacks for children
- *Snacks bags (baggies)
- *Pasta Sauce

- *Canned Pastas (Alpha-getti, Zoodles, Ravioli, etc.)
- *Canned Soups, Stews & Chili for single clients
- *Kraft Dinner/Mac'N Cheese/Sidekicks
- *Fresh potatoes, onions & apples, etc.

For Monetary donations to the Food bank:

- *via Canada Helps online

<https://www.canadahelps.org/en/charities/st-thomas-elgin-food-bank/>

- *Cash

- *Cheques (St. Thomas -Elgin Food Bank)
- *Grocery gift cards

(Cash/Cheques/Gift Cards can be put through the Church mail slot - Curtis Street door, south west corner of the church - or brought the Food Drive).



Happy birthday to:

Brett Fox, Avery Ruppel,
Joy Dawdy, Erin Chute,
Owen Chute, Lori Hoffman.



Happy Anniversary to:

Wayne & Brenda Smith,
Mike & Amanda Elford.



Families are invited to attend our family worship service **Sunday Mornings at 10:15 in the Assembly Hall at First.** We will be following all Co-vid guidelines and **parents & kids must wear a mask.** We are planning to have a lesson/scripture, video/activity, and a craft each week.

Please RSVP by emailing Karen Auckland at 27Swift@gmail.com or to answer any questions you may have.

See our website for more details!

<http://www.1stunitedchurch.ca/upcoming-events.html>



Greetings from First United Church



We continue to meet online Sundays at 10:30am for our Joint Worship Service with our own First family, as well as friends from Central, St. Andrew's & New Vision. We'd love it if you joined us - even if you've never done so before! This new season is a great time to connect with your faith community and our friends from other United Churches in St. Thomas (link to join is included in the weekly email).

Also, our sanctuary is open with 28 spots available. Please RSVP if you are planning on attending in person (email office@1stunitedchurch.ca or call 519-631-7570 x21 & leave a message)

We hope everyone is well. If there are any needs you have for groceries or a conversation, please contact the office to let us know. We have people who are eager to help.



Coffee & Conversation Time Monday @ 10:30am

This week we will listen to a 10 minute meditation by Stephen Batchelor – who has written about the gift of solitude and the epidemic of loneliness - to help us ground ourselves in who we are, what we notice and how we belong to the world. Batchelor offers a way to have compassion upon ourselves.

Do this meditation over the next few days and share any insights you have.

It is a good way to continue the conversation we have been having about "trauma" in the body.

Here is the link:
www.youtube.com/watch?v=fB_yl-vnyiw&t=3s

Just a Reminder....

No Youth Group this Wednesday.
(See you on the 28th!)





Greetings from First United Church



An Update Email was sent out this week with all the information for our 2nd Online Blind Auction!

You are invited to donate your time, talents & treasures to make this Auction a HUGE Success!

We hope EVERYONE will participate!

(The Auction is open to everyone, donations will be accepted from those outside the First Church Family as well!)

Items must be new or in like-new condition.

Donation ideas

- * Gift Cards
- * Family Movie Night basket
- * Snack Basket (granola bars/snacks)
- * Homemade pie(s)
- * Homemade Meal delivered to home for family of 4
- * 1 dozen homemade cookies every month for a year
- * Jewelry
- * Lottery ticket arrangement in vase
- * Coffee or Tea Lovers gift basket

- * Birds lovers basket (seed, bird feeder)
- * Dog/ Cat lovers basket (treats, toys)
- * Wine lovers gift pack
- * Assortment of baked goods
- * Local brewery Tour/Tasting
- * Food
- * Christmas cookie boxes
- * Squares
- * Hand crafts
- * Christmas crafts
- * Children's activity gift basket
- * Family Mystery Box
- * Sock gift basket
- * Hot Chocolate Gift Basket
- * Hand sanitizer/soap gift basket

Deadline for submission of donations is maximum, Friday, November 6, 7 pm.

Please email all donation information to Sherry Johnstone
sjohnstone1959@gmail.com

For more information, see the Auction Announcement on our website!
<http://www.1stunitedchurch.ca/upcoming-events.html>

Coming Soon...

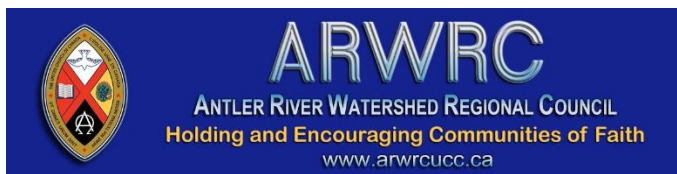


Confirmation Classes
with Rev. Paul (Central)
assisted by Rev. Daryl (First).

Contact the Church Office or Rev. Daryl if you are interested in participating.



Greetings from First United Church



Join your Extended Family of United Church Folks (Antler River Watershed Regional Council) in a Special Virtual Service on Sunday, November 1 at 10am.

Special guest preacher will offer reflection and the Celebration of New Ministries Service will include 1 ordination.

Join in on the Antler River YouTube channel. A link will be included on our webpage and in an upcoming Weekly Update email.

The Churches of St. Thomas will see you there!



If you would like to sign up to help with worship leadership please send an email to your church office.

We are in great need of volunteers to read scripture or offer as worship host.



Due to Covid-19 we are unsure of when we will be able to host another **Rummage Sale**. We ask that **NO items be brought to the Church** as we don't have the space to store them. Thank you.



We're looking for donations of **outdoor LED lights** or **outdoor extension cords** for an outdoor Christmas light display.



Contact Lori in the Church Office if you can help! Thank you!